



Leslie County School District

2022-2023

School Nutrition Report

The Leslie County School Nutrition Department is dedicated to providing nutritious, well – balanced meals to all students and faculty. During the 2021-2022 school year, we provided meals to all K-12 enrolled students, head start students, and district faculty wishing to participate under National School Lunch/ School Breakfast Seamless Summer Option with COVID waivers.

For the 2022-2023 school year, national covid waivers have expired and we have returned to traditional National School Lunch/ School Breakfast operations and requirements.

Our foodservice staff consists of 5 certified Food Service Managers, 18 certified cook/bakers, a food service secretary, and a School Nutrition Director.

The Leslie County School District is enrolled and eligible to participate in the following federal food service programs:

- Community Eligibility Program (CEP) – allows access to FREE Meals for ALL enrolled children under the National School Lunch and National School Breakfast Programs
- Afterschool Snack Program- providing free afterschool snacks to children enrolled in eligible programs (ESS, 21st Century Programs and Save the Children Afterschool Programs)
- Summer Food Service Program- feeding program utilized during summer months to provide free meals to students and community children 18 and under that choose to participate.

Community Eligibility Program (CEP)

Leslie County School District began participating in the Community Eligibility Program with the 2012-2013 school year. This program provides a free breakfast and lunch to all children in our district; regardless of parent/guardian income. For the 2022-2023 school year, our calculated claiming percentage was over 100%; therefore every reimbursable meal served to students was reimbursed at the free federal rate. Current year reimbursement rates are \$2.67 for breakfast and \$4.43 for lunch.

National School Lunch Program

The National School Lunch Program was established in 1946 as a “measure of national security to safeguard the health and well – being of the Nation’s children.” With the passage of the Healthy Hunger Free Kids Act of 2010, the nutritional standards for meals and beverages provided on school campuses was strengthened. School districts receive federal reimbursement funds for each school lunch served to enrolled children that meet USDA guidelines. The federal meal pattern for lunch is designed to meet the nutritional needs of children. This is reflected in portion sizes and calorie ranges based on age/grade groups. Regulations require that we offer minimum portion sizes of meat, grains/breads, fruit, vegetable, and fluid milk at every lunch meal service. We also offer free potable water for children. Our district menus are written on a 4 week menu cycle and are certified to reflect meal pattern changes and target nutritional goals as established by the USDA. All regulations are being met by the district. We are assuring that 80% of grains served are whole grain rich, a variety of fresh and canned fruits are offered, all vegetable subgroups are being met utilizing fresh, frozen and canned items, and a variety of fat free flavored and 1% unflavored milk are being served.

National School Breakfast Program

The National School Breakfast Program was established in 1966. School districts receive federal reimbursement funds for each breakfast served to enrolled students that meet USDA guideline. The federal meal pattern for breakfast is designed to meet the nutritional needs of children. This is reflected in portion sizes and calorie ranges based on age/ grade groups. District menus are written on a 4 week cycle and all meal pattern requirements are being met. All school sites offer a traditional breakfast program prior to the start of the school day. Leslie County High School also offers a second chance breakfast service in the commons area after 1st period.

October 2022 Data and Average Daily Participation (K-12 data)

October 2022- 20 serving days	Breakfast Participation	Lunch Participation
Hayes Lewis ADA- 101	1346 served 66.63% participation	1981 served 98.06% participation
Mountain View ADA- 403	3154 served 40.19% participation	7187 served 89.16% participation
Leslie County High ADA- 416	4344 served 52.21% participation	6397 served 76.88% participation
Stinnett ADA- 275	2936 served 53.38% participation	5035 served 91.54% participation
W.B. Muncy ADA- 201	1735 served 43.15% participation	3731 served 92.81% participation
District	13,601 served 48.71% participation	24,331 served 87.14% participation

Afterschool Snack Program

All school sites within our District operates the afterschool snack program through a collaboration with the ESS, 21st Century and Save the Children afterschool programs. The snack is offered after regular school hours to all participants Monday – Thursday when school site programs operate.

Summer Food Service Program

The Summer Feeding Program was created to ensure that children in low – income areas could continue to receive nutritious meals during summer months when school is normally not in session. All children 18 years or younger can receive these meals. Based on Community Wide Eligibility, we are able to offer meals to participants at no charge. We offer a combination of breakfast and lunch on days of operation. These meals are served at school locations and are available to children that participate in summer school activities and are opened to ANY child in the community.

A la carte Items

A la carte items are priced and made available for sell to students during breakfast and lunch. At elementary sites, this includes extra entrée items, juice, milk, and other items offered on the menu that day that meet the Smart Snack regulations. Leslie County High offers for sell the same items as elementary sites, water, and a variety of other food items that are Smart Snack compliant.

School Stores & After School Functions

Our school snack sales and vending machines must wait at least 30 minutes after the last lunch period ends to sell food or beverage items. These items are required to meet the Smart Snack guidelines. Building Principals have a pre-approved list from Gordon Food Services for food items that meet the Smart Snack guidelines. Thirty minutes after the official end of the school day until midnight, no nutritional guidelines must be followed. Regular soda's, candy, cakes, and etc. can be sold at after-school functions (ballgames, etc).

Assessment Tools

Annually the school district and individual school sites complete the nutrition and physical activity assessment tool on the Alliance for a Healthier Generation website at <https://schools.healthiergeneration.org/>. The survey results are used to make improvements to district and school wellness policies and practices.

Summary & Recommendations for Improving the Nutrition & Physical Activity Environment

- Continuing to operate 2nd Chance breakfast at Leslie County High School. Participation numbers continue to increase.
- Explore ideas for increasing breakfast participation in elementary sites.
- Food Service will continue to implement use Smarter Lunchroom techniques to promote healthy food and beverage choices.
- Food Service will offer more daily options of fruits and vegetables to promote consumption.
- Schools should encourage quick physical activity breaks for students during the school day.
- Provide schools with ideas of rewarding students using nonfood items and promote physical activity.
- Continue to improve the nutritional quality of food and beverage items offered for sale to students during the school day through snack sales or fundraisers utilizing the requirements of Federal Smart Snack guidelines.
- Strategize ways to have more stakeholders involved and sharing ideas for improving the nutritional and physical activity environment in our schools.

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