

Leslie County Schools Submission of Findings and Recommendations

Area of Assessment: NUTRITION

Findings:

- Promoting healthy food and beverage choices by the Food Service Department is under development.
- District Breakfast participation is 45% and lunch participation is 86%
- Some fundraising activity during the school day are offering food and beverage items that do not meet Federal Smart Standards
- Food is being used as rewards

Recommendations:

- Food Service Department will continue to implement use of Smarter Lunchroom techniques, signage and posters to promote healthy food and beverage choices.
- Develop a plan to increase participation in school breakfast program
- Approval form for fundraising during the school day that involves food or beverages has been developed. Develop a procedure to implement in school sites.
- Provide schools with ideas of rewarding students using non food items and promote physical activity

Area of Assessment: Physical Activity/Physical Education

Findings:

- Sites are reporting that students are not given the opportunity to participate in physical activity breaks on most days
- More parent/ community input is needed concerning school wellness, physical activity, and the Food Service Program.

Recommendations:

- Encourage the use of quick physical activity breaks for kids during the school day
- Encourage incorporating daily recess into the school day
- Strategize new ways for parents/ community to share ideas and access information-work on outreach

- Several of the findings and recommendations are the same as last reporting period. Due to COVID pandemic and the amount of time in school, many of these have not been addressed.